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**CARDIFF SHINES IN EMPLOYERS POLL**

SEE PAGE 9

# Capital Times

Photograph by Leigh Puke



• Pupils from Albany Primary School in Roath celebrating St David's Day.

• The 2012 St David's Day festival kicks off with a vibrant and colourful parade through the city streets on March 1. The parade will start at 12.30pm outside City Hall. There will be lots to see and do, including an array of traditional costumes, street musicians, spectacular carnival dancers, colourful banners and the Giants of Wales. Other festival highlights include a St David's Day Gala Concert with the BBC National Orchestra of Wales (NOW) at St David's Hall featuring an array of Welsh soloists and choirs. Visit [www.cardiff.gov.uk/stadaidsday](http://www.cardiff.gov.uk/stadaidsday) for more information.

## Council announces new houses for the city

CARDIFF Council has unveiled plans to build 1,000 new homes in the capital.

Around £33m is being set aside to build the new properties over the next five years which will reduce waiting lists as well as creating 250 jobs, boosting the local economy.

The move marks the Council's biggest large scale housing scheme for almost 30 years, with 1,000 sustainable, fuel efficient homes built on around 30 Council-owned

brownfield sites across the city, with around 400 allocated as affordable homes to rent.

Councillor Judith Woodman, who is the Executive Member for Housing and Communities, said: "The homes will go a long way in tackling the challenges faced in providing for those in housing need. The investment we have planned will not only help to deliver a number of new Council houses, but we will also focus on other potential housing

challenges, including, the lack of social rented housing, the inability for first time buyers to get a start on the housing ladder and the need to develop on brownfield sites.

"We have more than 10,000 people on our waiting list and with more people losing their jobs and mortgages becoming harder to secure the waiting list continues to increase."

The project will see the Council working with a partner housing developer to build

new homes for open market sale as well as offering affordable homes for first time buyers who are struggling to get on the housing market for the first time.

The exact locations for the new homes are yet to be decided but the details are expected to be confirmed in the coming months, with work due to begin in the 2013-14 financial year.

Councillor Woodman added: "This is a regeneration

project on so many levels; we want to use this initiative to regenerate existing housing estates and encourage growth in our housing and construction sector.

"I'm sure this news will also be very much welcomed by local construction workers and skilled trades people who have been heavily affected in the downturn in the housing market. This truly is a ground breaking project that will make a huge difference to many people's lives."

Cardiff Council Issue 134 February 2012




### NEWS



Young people make a difference in Africa - see page 5




Millions spent on council house improvements - see page 6



**Capital Events LISTINGS**

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## A day in a life

The latest in a regular series looking at jobs carried out by council employees. This month **Ross Clifford**, Education Officer at the Cardiff Harbour Authority talks to Capital Times.



I have always been interested in wildlife and its conservation. I grew up in a coastal village in south Devon and spent a lot of time exploring rock pools and the countryside in general as a child. This interest took me to studying Marine Geography at Cardiff University before working on various overseas marine conservation projects.

My role at the Harbour Authority is definitely not office based and I split my time between Flat Holm Island and the Cardiff Bay Education Centre,

Living on an island means every day is completely different from

the last and the work is incredibly diverse. A general day can include anything from tending to livestock and assisting with lambing to teaching school children about marine life, nature conservation or renewable energy. I can work on the island between four to six weeks at a time before returning to the mainland.

The island is extremely atmospheric with breathtaking panoramic views across the Severn Estuary. One of my favourite places to explore are the rock pools at low tide on West Beach or below the lighthouse. There is always plenty of amusement with friends and family regarding my

job, plenty of references to Robinson Crusoe and Castaway! My brother and friends recently visited the island for a few days and fell in love with it. Everyone does.

But thankfully I don't live on the island on my own. I'm one of three full time wardens living on Flat Holm and we also have a team of up to six trainee volunteer wardens.

The team is small but everyone gets stuck in and helps out where they can.

I like to think of the island as a giant outdoor classroom, providing a unique and immersive learning experience. Education activities for school groups are interactive, with everyone

exploring the island environment and learning about conservation and wildlife management.

The island's remote location in the centre of the Severn Estuary is the ideal learning platform for important topics such as renewable energy, climate change, nature conservation and sustainable living.

My favourite part of the role is being able to work outdoors, and in particular using the natural environment to teach. All our education programmes are linked with the national curriculum but are tailor-made to suit each school's needs.

My work at the Cardiff

Bay Education Centre also focuses on conservation and education. Part of my role involves working with local schools and communities in Cardiff Bay. As part of the Cardiff Harbour Authority, we deliver day programmes for schools, including pond dipping, life at the coast, history and development of the Bay and Barrage tours.

I think I'm incredibly lucky to be doing the job that I do, to help to teach the next generation about conservation and looking after the world in which we live.

•If you would like more information on Flat Holm visit website  
www.flatholmisland.com

## Committee dates February / March

**Tuesday, February 7, Licensing Committee**, 10am, Committee Room 1 County Hall.

**Tuesday, February 7, Public Protection Committee**, 10.30am, Committee Room 1 County Hall.

**Wednesday, February 8, Planning (Development Control) Committee**, 2.30pm, Ferrier Hall, City Hall.

**Thursday, February 9, Community and Adult Services Scrutiny Committee**, 2pm, Committee Room 4 County Hall.

**Thursday, February 9, Children and Young People Scrutiny Committee**, 10am, Committee Room 1 County Hall.

**Friday, February 10, Environmental Scrutiny Committee**, 3pm, Committee, Room 4 County Hall.

**Monday, February 13, Economy and Culture Scrutiny Committee**, Committee, 4pm, Room 4 County Hall.

**Tuesday, February 14, Policy Performance and Review Scrutiny Committee**, 4pm, Committee Room 4 County Hall.

**Thursday, February 16, Executive Business Meeting**, 2pm, Committee Room 3 County Hall.

**Thursday, February 23, Council**

**(Budget)**, 4.30pm, City Hall.

**Friday, February 24, Council Appeals**, 2.30pm, Committee Room 4 County Hall.

**Monday, February 27, Prosiect Gwyrdd Joint Committee**, 5pm, Docks Office, Barry.

**Thursday, March 1, Community and Adult Services Scrutiny Committee**, 4.30pm, Committee Room 4 County Hall.

**Friday, March 2, Constitution Committee**, 4pm, Committee Room 4 County Hall.

**Tuesday, March 6, Children and Young People Scrutiny Committee**, 2.30pm, Committee Room 1 County Hall.

**Tuesday, March 6, Public Protection Committee**, 10.30am, Committee Room 1 County Hall.

**Tuesday, March 6, Licensing Committee**, 10am, Committee Room 1 County Hall.

**Wednesday, March 7, Planning (Development Control) Committee**, 2.30pm, Ferrier Hall, City Hall.

**Thursday, March 8, Executive Business Meeting**, 2pm, Committee Room 3 County Hall.

These dates are correct at time of going to press, however changes can occur due to unforeseen circumstances. If you wish to attend any of these meetings, details may be confirmed with Committee Services at County Hall on 029 2087 2000.

Conference to help  
new businesses

THE countdown is officially underway for the 2012 Capital Cardiff Conference, which will be held at City Hall on Wednesday, February 29.

Capital Cardiff, which is now in its third year and is jointly hosted by Cardiff Council and the South Wales Chamber of Commerce, aims to promote support and funding for businesses, as well as inspiring entrepreneurs.

The one-day conference will include a range of opportunities for businesses to gain vital advice and networking opportunities, as well as a Dragon's Den-style session where pre-selected start-up companies will get the opportunity to present their ideas to a

panel of business experts and potential investors.

In addition to local businesses pitching their ideas, graduate entrepreneurs will be able to present their proposals on solving a particular business problem to local businesses, with prizes on offer for the best problem solving idea.

This year the conference's keynote speaker will be Allister Frost, head of digital and marketing strategy at Microsoft and it will be the first seminar Microsoft has ever delivered in Wales. Mr Frost's speech will give an insight into how to use social media to connect with customers.

Cardiff Council's Deputy Leader and Executive Member for Economic

Development, Councillor Neil McEvoy said: "Capital Cardiff will give a vital platform to businesses in Cardiff to gain the advice and support they need to grow and prosper, especially in these difficult times."

"It is important to emphasise just how much is on offer during this conference and we would encourage you to register your attendance and benefit from a range of business advisors, investors, networking opportunities and topical seminars that will all be at your disposal for free during the day."

•For more information visit: [www.southwaleschamber.co.uk/capitalcardiff](http://www.southwaleschamber.co.uk/capitalcardiff) or follow the conference on Twitter @CapitalCardiff



# Council staff prevent one family from having a rubbish Christmas

Photograph by Media Wales



• Mike James with wife Beverley and daughters Emily and Katherine. (Far right) Christine Harry and Joseph Spiteri

COUNCIL staff saved Christmas for one Cardiff family after they found presents that had accidentally been left at a council household recycling and waste centre (HRWC).

Mike James, from St Fagan's, had taken what he thought

was a sack of waste to the Waungron Road HRWC site. To his horror he realised that he had in fact dumped his family's Christmas presents and raced back to the site to retrieve them but arrived to discover the site had closed. In desperation,

Mike contacted the police who warned against climbing over the fence and advised he should speak to the Council.

He called the Community Alarm Service (CAS) to see if anything could be done, aware it was nearly 6pm on Christmas

Eve. Joseph Spiteri took the call and contacted Christine Harry at Lamby Way who was only too happy to help.

She contacted a security guard and asked if he would be willing to let Mr James into the site to find his sack of presents.

and the council did us proud."

Joseph was delighted he was able to help Mr James. He said: "This was a really appalling situation to find yourself in on Christmas Eve and I was determined to help in any way possible. Can you imagine having to explain you threw all your family's presents away? It doesn't bear thinking about."

Christine also felt a festive glow playing a part in rescuing the presents. "Mr James was desperate and I knew we had to help despite the fact the site was shut and I'm so glad no one gave up on him. I'm grateful to our security people for being so cooperative. It's brilliant this awful predicament had such a happy ending," she said.

Executive Member for Environment, Councillor Margaret Jones, said: "I can't begin to imagine the desperation poor Mr James must have felt on Christmas Eve so I'm absolutely delighted our staff from CAS and City Services worked so well together to ensure his family received their presents on Christmas Day."

## Iolo rewards children for park logo

POPULAR TV zoologist Iolo Williams has made a special visit to Roath Park to celebrate the work of local schoolchildren.

The presenter, best known for his BBC and S4C nature shows, presented the pupils with prizes for successfully taking part in the Roath Park Friends Logo Competition.

The competition was launched by the friends group who work in partnership with Cardiff Council's Park Services to support the prestigious park by fundraising, workdays, and events.

Three local primary schools – Gladstone, St Monica's and Lakeside - took part in the competition which required pupils to design a logo for the group, with the winning design coming from Lakeside Primary School.

The prize giving ceremony

took place at Roath Park's Terra Nova café where Iolo was joined by ward councilors, park staff and children from the schools.

Executive Member for Sport, Leisure and Culture, Councillor Nigel Howells said: "Since their establishment the Friends group have carried out valuable and important work within the park."

"This competition has been an excellent way for the Friends to reach out to the local community and engaging children in what is one of Cardiff's most historic and beautiful parks."

"Congratulations to the pupils of Lakeside Primary School whose logo will go on to be seen and recognised by many."

The Chairman of The Friends of Roath Park, David

Hughes, added: "We were delighted to receive over 80 entries from the schools who participated in the logo competition, and it was a difficult job deciding on the winners. Two were chosen, and the resulting logo incorporates features from each of their designs."

• For more information about Friends of Roath Park please contact Membership Secretary Kate Furlong on [katefurlong@hotmail.co.uk](mailto:katefurlong@hotmail.co.uk)



• (L To R) Lakeside pupils Harry Jones, Jamie Olds, Oscar Sebastian-Regan, Zirsha Najeeb, Anna Lukaris and teacher Bethan Warwick.



# Volunteer sports bureau launched



PEOPLE looking to sign up to volunteering opportunities across the city can now do so through a new bureau.

Sport.Cardiff has launched The Volunteer Sports Bureau (VSB), an exciting online tool that will enable volunteers to register and access a variety of opportunities at the click of a button.

It will also offer a service for 'providers' of volunteer opportunities to post their placements on the site making them more accessible to a wider audience.

By registering on the site people can keep up-to-date with all the latest events and

ways to participate, whether they are a seasoned volunteer or someone interested in getting involved for the first time.

The site is accessible to people of all ages and abilities and volunteer opportunities are varied.

With the London 2012 Olympic and Paralympic Games fast approaching there will also be information on how to become an 'Ambassador', the title given to the official 2012 volunteers. Selected Ambassadors will represent Cardiff by welcoming visiting spectators and teams to the city.

Volunteer roles will be diverse and could range from assisting athletes with training at the Cardiff International Sports Stadium to directing spectators to the Millennium Stadium for Olympic football matches.

Executive Member for Sport, Leisure and Culture, Councillor Nigel Howells said: "Coaches and volunteers play a vital role in supporting sport in Cardiff and clubs, events, and activities across the city would not be able to happen without their invaluable contribution."

"We welcome anyone to register providing they have

plenty of enthusiasm and a drive to support others in sport.

"Volunteers gain valuable experience, learn new skills, meet people and enjoy themselves whilst giving something back to their community."

"This new service will improve the way we manage our sports schemes, keeping volunteers informed of all the latest opportunities."

• To learn more about being a volunteer and how to become a Cardiff Host Council Ambassador please visit [www.sport-cardiff-vsb.com](http://www.sport-cardiff-vsb.com)

## Cardiff working to help our heroes

CARDIFF Council is teaming up with the Soldiers, Sailors, Airmen and Families Association (SSAFA) to help our servicemen and women.

Chairman of the SSAFA, Sir Kevin O'Donogue met with Deputy Leader of the Council, Councillor Judith Woodman and agreed a series of proposals to improve the care to serving and ex-members of our Armed Forces and their families.

The Council is already

proactive in this area and has strong links with the forces as witnessed by Cardiff hosting Armed Forces Day in 2010. The link with the SSAFA will boost the Council's ongoing initiatives and provide invaluable input and perspective to future developments.

Councillor Woodman said, "Cardiff Council is committed to providing whatever help we can to aid our serving and ex-service men and women. The

issues they face are often more challenging and acute and it is our duty to assist whenever possible. We are already working on an housing assessment centre scheme with SSAFA and I fully expect a long and fruitful relationship with Sir Kevin and his colleagues who work in the Cardiff area."

Sir Kevin added: "I'm meeting with the Council because they are being hugely supportive in the way of providing facilities and a

pathway for accommodation, for jobs and so on for ex-service men and women and their families. That's really why I came, to raise the profile of SSAFA, to help and to say thank you to people in the council for what they're doing."

\* To contact SSAFA call 029 2038 3852 or email [office@ssafacardiff.org](mailto:office@ssafacardiff.org)

Anyone requiring a talk on the work of SSAFA should contact John Munton on 029 2073 1742.

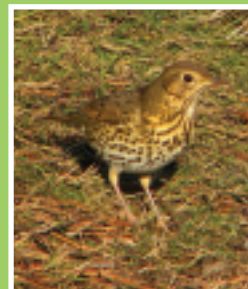


• Standard bearers marching on Armed Forces Day and (inset) Councillor Judith Woodman with Sir Kevin O'Donogue

## Biodiversity Corner

Biodiversity is all living things. It provides us with food, clothing, medicine, building materials and fuel. It helps reduce stress and aids relaxation. Each month Cardiff Council ecologist **Laura Palmer** will point out some of the great biodiversity you can see across the city.

### February



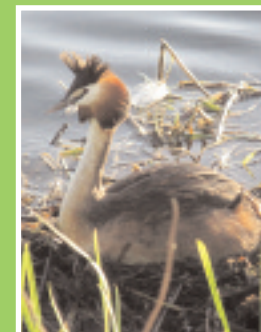
Love is certainly in the air late February, on the water and in the trees.

Male birds are starting to hold territory and attract a mate using song. **Blackbirds** sing loud and clear from high perches, while **song thrushes** repeat phrases. **Wrens** trill a melody



loudly from the undergrowth and late at night some **robins** sing around bright street lights.

On the water a quieter courtship is taking place. In the bay and on large water bodies you may be lucky enough to see the



**Great Crested Grebe** dance. They move in pairs together, rising and falling, paddling across the water and exchanging gifts of water weed.

I'll be back next month with more biodiversity attractions.



# Eastern Leisure Centre to be modernised

EASTERN Leisure Centre is to be redeveloped under exciting new plans.

Improvements to the facility in Llanrumney will include a deck level swimming pool, a new dance studio and spin room and better gym and gymnastics facilities.

Other features will see an open reception area, a licensed café and juice bar overlooking the swimming pool and open-plan

changing rooms.

The existing outside 5-a-side area will be transformed into modern Multi Use Games Area and two squash courts will remain at the centre.

The original building which is now 30 years old is well used by the community and attracts over 200,000 visits per year.

Plans to refurbish the site have been well

received by local residents and the consultation process attracted positive feedback., with the decision to redevelop approved by the Council's Executive.

Executive Member for Sport, Leisure and Culture, Councillor Nigel Howells said: "Eastern Leisure Centre is a valuable facility right in the heart of the community.

"It offers a diverse

programme of activities for people of all ages and members of staff deliver an excellent level of customer service.

"Improvements to the centre will hugely benefit visitors and demonstrates the Council's commitment to providing modern, first class provision for leisure and sport."

He added: "Now that the site is no longer linked to the development of an

Eastern High School we are going to be able to deliver this modernisation much quicker with the work due to start early in 2013."

Cardiff Council has recently carried out refurbishment projects on several other of the city's leisure centres including Western, Maindy, Penylan and Splott, transforming them into light, modern facilities boasting state-of-art equipment and facilities.



• An artists impression of how the new Eastern Leisure Centre will look

## New crossing for busy junction

WORK is underway transforming a busy junction in Roath.

The junction of Albany Road and Wellfield Road has been in desperate need of upgrading and earmarked for a host of improvements under the Council's Neighbourhood Renewal Schemes programme.

Work has now begun and is programmed to last for three months. It will include new, shorter pedestrian crossings on and around the junction; new pavements, trees, litter bins, cycle stands and seating; and the resurfacing of the roadway.

The end result will turn it into a safe and attractive centre-piece for one of the city's most important shopping centres.

A series of community consultation events took place last summer and the plans were warmly welcomed by shoppers and traders.

Executive Member for Communities, Housing and Social Justice and Deputy Leader, Councillor Judith Woodman said: "I am really pleased that work is underway on upgrading this area. The Council has worked very closely with the local community and

the project will see much needed improvements."

She added: "During the construction period there will be some disruption and inconvenience for businesses, residents and others who use the junction. However, once completed, there will be a much better and safer environment for people working and visiting the area."

• For further information about the project contact the Neighbourhood Regeneration team at Cardiff Council on 029 2087 3263 or e-mail neighbourhoodregeneration@cardiff.gov.uk



### News in brief

#### Howardian Trust Cash Help

SCHOOLS in the catchment area of the former Howardian High School can apply for cash help towards educational costs.

Around £1000 is available from the Howardian Educational Trust which was set up to help education projects not normally aided by statutory funds. Awards have been given in the past to help schools and local organisations buy musical instruments, photographic equipment and promote an Arts week. The following are able to apply for funding:

- Marlborough Infant and Junior schools
- Roath Park Primary School
- Albany Road Primary School
- Howardian Youth Centre
- Any other groups operating in the former catchment area of Howardian High school.

For more information and an application form, contact Eve Smith, Schools and Lifelong Learning, Room 322, County Hall, Atlantic Wharf, Cardiff, CF10 4UW or call 029 20872847. Application forms must be returned by Monday, February 20.

#### Go the extra mile with Sport Relief

SPORT Relief is coming to Cardiff and promises to kick off the UK's biggest ever year of sport with a bang.

Join thousands of people in Cardiff Bay on Sunday, March 25 for the Sainsbury's Sport Relief Mile with a route that takes in the Roald Dahl Plass, the Wales Millennium Centre and the Pierhead building.

Runners have the option of doing one, three or six miles, with the money raised helping to transform people's lives right here in Cardiff, across the UK and in the world's poorest countries.

You can enter the Sainsbury's Sport Relief Mile in Cardiff by visiting [www.sportrelief.com](http://www.sportrelief.com)



# Cardiff leads the way on council house improvements

CARDIFF Council has spent millions on improving its council houses with more work still to come.

A variety of work has taken place to Cardiff's 13,688 council houses, including replacement windows and doors, upgraded electrical systems and strategies to tackle issues of fuel poverty.

Cardiff is currently working on one of its biggest development projects to date and is presently replacing 70 kitchens and bathrooms a week.

As a result Cardiff is on course to be one of the first authorities to meet the Welsh Housing Quality Standard (WHQS). The WHQS

was developed by the Welsh Government to provide a common target standard for the condition of all social housing in Wales by December this year.

To date over 11,500 Council properties now have WHQS compliant kitchens and bathrooms, with almost £30m spent alone on replacement windows and doors and £1.5m per annum

on new central heating systems.

This investment has been a much needed boost for the local economy and has been achieved by employing local contractors who have in turn employed apprentices.

Executive Member for Communities, Housing and Social Justice, Councillor Judith Woodman, said: "Many tenants have already benefited

from the improvements and have received work which is above the expected requirement.

"The need for good quality Council housing has become even more apparent, particularly during a difficult year for many families affected by the financial climate. As a Council we have made a firm commitment to improving existing Council housing.

"These improvements have

and will continue to make a real difference to tenants, providing modern, safe and energy efficient homes and I am delighted the Council's Planned Maintenance Team has overseen such a high standard of work. It is also important in these difficult times that we have supported local contractors in this work who in turn have employed trainees and apprentices from local communities."



• The Taking Forward Project in Angelina Street, Cardiff Bay (before and after)



• The Over Cladding Regeneration Scheme at Bryn Celyn, Pentwyn (before and after)

## Improvements making a real difference

PAM Williams is a typical example of a tenant who has benefited from the scheme.

The grandmother who lives at Bryn Celyn, Pentwyn has received a new bathroom as part of the Welsh Housing Quality Standard improvement work and is delighted with the results.

"I'm so pleased with my new bathroom and it has made a 101 per cent difference. It's much easier

to clean and it looks so much better," she said.

It's not just the work inside her flat that has made the difference to Pam, Bryn Celyn also received external development work, including new cladding and new secure doors fitted.

Pam added: "The redevelopment work outside is fantastic, the place has a lovely feel to it and everybody has benefited, it really has helped change the feeling of the area."



• Pam Williams in her renovated bathroom



EACH month the Capital Times will feature an object that The Cardiff Story has in its collection but need our readers' help to solve its mysteries.

THIS charming rocking horse is the most recent object offered to The Cardiff Story, and has seen more than its fair share of Cardiff backsides!

During World War II, when toys and materials were hard to come by, a gentleman living in Victoria Park built the horse for the children in his family to play with. It was used by his family until the 1980s, when the horse was donated to the South Riverside Playgroup for a new generation of Cardiffians to enjoy.

When the playgroup closed in the 1990s, a former playgroup leader spotted the rocking horse in a skip and promptly rescued

it, taking it home for her ten grandchildren to play with.

Nearly 70 years later, having delighted hundreds of Cardiff children, the rocking horse has now been offered to The Cardiff Story to help tell the city's history. The museum team are developing a new gallery to explore Cardiff's culture, sport and leisure, scheduled to open in 2013.

Did you ever come across this "famous" rocking horse in your childhood? What were your favourite toys or games you remember growing up with in Cardiff? Let us know.

Please email us at [capitaltimes@cardiff.gov.uk](mailto:capitaltimes@cardiff.gov.uk) or give us a call on 029 2087 1030.



# Cardiff youngsters do the city proud in Sierra Leone

A group of young people from Cardiff have returned from Sierra Leone after taking part in a project to help some of the most deprived youngsters in the world.

The ten young people from the east of the city - many of whom have had difficult upbringings, experiencing violence at home, leaving school with no qualifications and getting involved in crime and anti-social behaviour - were given a once in a lifetime opportunity to see what conditions are like for children living in the war-torn African country.

The young people spent two weeks with pupils from Kankalay School, which is based in a refugee camp in the Waterloo district just outside the Sierra Leone capital, Freetown.

Before departing each of the participants undertook a five week series of intense lessons to coach them in relevant skills and knowledge.

As a result they were able to deliver workshops on HIV/Aids, health and nutrition, and a variety of life skills to 80 young people between the ages of nine and 14 in one of the West African nation's poorest districts.

The young people also helped out in a number of football skills workshops for girls as well as boys, aimed at breaking down cultural



and providing a platform for further educational opportunities.

As part of the experience, they were also able to visit the nearby Craig Bellamy Foundation to learn, observe and take tips on how to engage with young people from the region.

The joint initiative had really positive outcomes for the young people and many used the opportunity to reflect on their own lives and now want to use the

experience to make a positive change.

Two of them, Chantelle Harris, aged 18, and Lucie Evans, aged 19, intend setting up a football club in Llanrumney for other youngsters involved in anti-social behaviour to offer an alternative avenue to express themselves.

Two of the young people, who didn't want to be named, said they had benefited greatly from the experience.

"It's been amazing and

life changing. I have thought about a lot while I've been here and I'm going to change my life for the better," said one.

"I've struggled finding what I've wanted to do with my life and these two weeks have really opened my eyes to all the different cultures and lifestyles that are around us and have really made me want to do more and help a lot more

children," added the other.

The partnership project, sponsored by The Safe Foundation and the youth volunteering organisation GwirVol, was also attended by Hannah Fitt, from Cardiff Council's Communities First; Lucy Dickenson of The Safe Foundation; Samantha Johnson from South Wales Police; Mo Janneh of Forging Links and Peter Griffiths

from the PG10 football coaching organisation.

Lucy said: The aim of the project was to bridge the gap between two communities which have different social issues and to bring about positive change in a creative way."

Hannah said: "Communities First is designed to improve the living conditions and prospects of people in the most disadvantaged communities across Cardiff. We will support these young people in whatever direction they want to take. It was extremely emotional and hard work but the young people from Cardiff did themselves proud."

Football coach, Peter Griffiths, who played for Wales at youth level with Craig Bellamy, said: "The work that the Craig Bellamy Foundation is doing is fantastic and honourable and is helping so many children. We also hope to now lay strong links in Sierra Leone and plan more trips to Africa in 2012 to ensure that our work is sustainable and continues to be beneficial."

Mo Janneh from Forging Links added: "Although I was born and raised in Britain, my family come from Sierra Leone and it was really satisfying to be able to take part in a project which not only supports deprived kids internationally but locally as well."

## People have their say at Question Time

A special event has taken place giving older people the opportunity to ask questions and to discuss issues that affect their lives.

The question time session for people over the

age of 50 took place at the Health Wealthy and Wise Centre, the Old Library in Bishopston Road.

The question time was attended by about 70 people who had the

opportunity to discuss a wide range of local issues with a panel of council officials chaired by Councillor Judith Woodman, Deputy Leader of the Council and Older Persons Champion.

Among the topics raised were social services, education, housing, older persons' employment, health, transport, community leisure facilities, trading standards and council tax.

Councillor Woodman, said "The event was very successful and a lot of important issues were raised. Cardiff Council is trying to ensure that older people have the opportunity to find

answers to questions that affect the quality of their lives. The question time is another way of talking directly to older people in order to ensure that our services truly reflect their wishes and needs."



# Your area - Cardiff North

Each month the Capital Times will focus on a different area of the city.



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Linda Morgan  
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LiMorgan@cardiff.gov.uk

## Where to find your nearest

### COMMUNITY HALL

**St Mellons Community Education Centre**  
Crickhowell Road  
2077 8667  
**Maes y Coed Community Centre**  
Jubilee Gardens  
Heath  
2087 3983  
**Pontprenau Community Centre**  
Heol Pontprenau  
2054 0853

**DAY CENTRE**  
**Gabalfa Day Centre**  
Gabalfa Avenue  
2061 3341

**HOUSING OFFICE**  
North district housing office

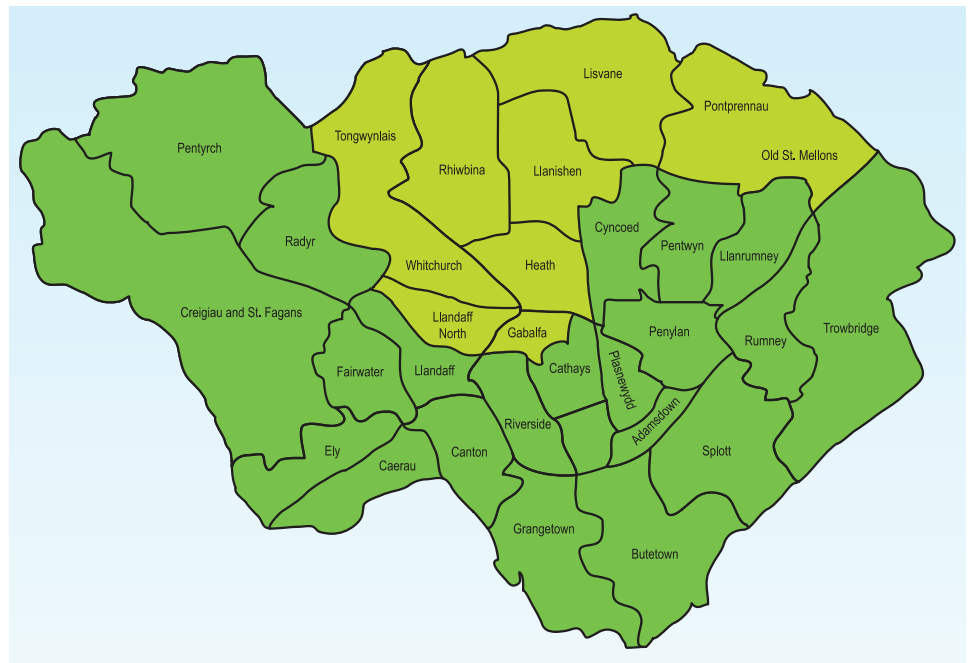
(Llanishen, Heath, Rhiwbina, Lisvane)  
Maelfa Shopping Centre  
Llanedeyrn  
2053 7111  
housingenquiries@cardiff.gov.uk  
**East district housing office (Old St Mellons)**  
77b Countisbury Avenue  
Llanrumney  
2053 7111  
housingenquiries@cardiff.gov.uk

**LEISURE CENTRE**  
**Llanishen Leisure Centre**  
Ty Glas Avenue.,  
2076 2411  
LlanishenLeisureCentre@cardiff.gov.uk

**LIBRARY**  
**Llandaff North**  
Gabalfa Avenue  
2061 3182  
llandaffnorthlibrary@cardiff.gov.uk  
**Llanishen**

Kimberley Terrace  
2075 0634  
llanishenlibrary@cardiff.gov.uk  
**Rhiwbina**  
Pen-y-Dre  
2069 3276  
rhiwbinalibrary@cardiff.gov.uk  
**St Mellons**  
Crickhowell Road  
2077 9194  
stmellonslibrary@cardiff.gov.uk  
**Tongwynlais**  
Tanyard Day Centre  
Market Street, Friday 2pm-6pm  
Mobile – Pantgwynlais, Tuesday 2pm-6pm  
**Whitchurch**  
Park Road  
2062 8951  
whitchurchlibrary@cardiff.gov.uk

**NEIGHBOURHOOD LEARNING CENTRE**  
**Gabalfa Neighbourhood Learning Centre**



Colwill Road  
2061 5260  
adgabalfa@cardiff.gov.uk  
**Whitchurch Neighbourhood Learning**  
Glan-y-Nant Terrace  
2061 4392  
whitchurchac@cardiff.gov.uk  
**St Mellons Community Education Centre**

Crickhowell Road  
2077 8667  
**YOUTH CLUB**  
**Glantaf**  
Bridge Road, Llandaff North  
2056 1372  
Heol Hir  
**Llanishen High School, Heol Hir**  
2075 5663

**St Mellons Community Education Centre**  
Crickhowell Road  
2077 8667  
**Whitchurch**  
Whitchurch High School, Penlline Road  
2062 7363



• (L to R) Herbert Thompson pupils Charlotte Guest, Bethan Smart and Sam Hughes with the Healthy Schools plaque.

## Healthy school wins award

HERBERT Thompson Primary School is celebrating being the first school in Cardiff to receive a Healthy Schools National Quality Award (NQA).

The school, in Plymouthwood Road, Ely, was one of the first in Cardiff to join the Healthy Schools scheme in 2001 and has been committed to it ever since.

It has been recognised for its progress in making health and wellbeing an integral part of school life and is one of only 17 schools throughout Wales to

achieve this prestigious award.

NQA assessors visited Herbert Thompson to look at seven specific areas of health - food and fitness, environment, hygiene, mental health and wellbeing, personal development and relationships, safety and substance misuse.

They spoke to a number of pupil groups including the school council and eco-schools committee, as well as attending the school's breakfast club and meeting with staff, pupils, governors, parents and the

caretaker.

Acting headteacher Bethan Hocking said she believes that participation in the Healthy Schools scheme and the strategies put in place to improve the well being of the whole school community had been the most important contributory factor to the schools success.

Cardiff Council's Executive Member for Education and Lifelong Learning, Councillor Freda Salway presented the school with its award during a

recent school assembly.

She said: "Congratulations to Herbert Thompson Primary School for all their hard work in achieving this award and for helping its young people develop positive attitudes, behaviour and skills for their future lives as adults. Everyone at the school can rightly be extremely proud of their achievements and I'd like to thank staff, governors, parents and children for the hard work that goes on every day at the school."



# Retailers take pride in our city

AN award ceremony celebrating the commitment of businesses to keeping Cardiff clean has taken place at the Mansion House.

The inaugural Pride In Our City awards was attended by city centre retailers, as well as representatives from the Council's city management team and South Wales Police.

The winners were House of Fraser in the category of large retailer, Primark for medium store retailer and Pavilion for small retailer.

The Pride In Our City campaign was devised by Eric Dutton MBE as part of his role as Chairman of the Countdown 2009 Clean City Focus Group.

Working with the Council the aim of the initiative

was to encourage retailers and businesses to go the extra mile in delivering a clean environment outside their shops and restaurants, benefiting both them and visitors to the city centre.

Presenting the awards were the Leader of Cardiff Council, Councillor Rodney Berman, Deputy Leader Councillor Judith Woodman and Cardiff Council's Chief Executive Jon House.

Councillor Berman, paid tribute to the retailers of the city. "Pride in Our City is a great example of the public and the private sector working together. The value of the city centre and the retailers within it is so important in driving the city centre forward," he said.

Describing the initiative



• (back row) Eric Dutton, Councillor Judith Woodman, Councillor Rodney Berman and Cardiff Council Chief Executive Jon House. (front row) Luke Ellis from Pavillion, Gary Lewis from House of Fraser and Lisa Haines from Primark

Councillor Woodman said: "The launch of the Pride in Our City campaign in early 2010 focused everyone's attention on working together as a team.

"Very soon after the launch a large number of retailers, businesses and venues such as the Millennium Stadium and Wales Millennium Centre

all joined the initiative, wanting to play an active part in their city and to demonstrate how proud they are to be a part of the evolution of Cardiff."



## News in brief

### Athletes flock to Cardiff

WITH only months until the start of the London 2012 Olympic Games, Cardiff is gearing up to welcome some very special visitors.

The Botswana National Olympic Committee is the latest team to have selected the Welsh Capital as their pre-games training camp as they make their preparations in the lead up to London 2012.

Several Olympic and Paralympic teams including South Africa, Australia, Trinidad and Tobago and the Oceanic Islands will also soon be touching down in the city to train and prepare themselves before the Games commence.

Cardiff is honoured to have been chosen following a selection process which showcased the city's excellent sporting infrastructure, facilities, professional approach of staff and the general friendliness of the people of Cardiff and Wales.

### Major works to start on Cardiff Castle moat

MAJOR works have started on Cardiff Castle Moat involving the dismantling and removal of the visitor reception building.

Whilst this work is being undertaken, a temporary ticket office will be placed on the Castle Moat to enable visitors to buy entrance tickets to the Castle.

Modifications are being made to the Interpretation Centre within the grounds to incorporate the ticketing facility and also enhance the visitor experience on arrival at the Castle.

It is anticipated the external works will take approximately three months to complete and will include the landscaping of the Castle Moat where the visitor reception building once stood.

Photograph by Scott Wishart



## The Soldiers take to the stage

PEOPLE attending a special concert at St David's Hall were able to see artefacts from Cardiff's Firing Line museum before hand.

Concert goers enjoyed looking at the items which were out on display for people to examine before watching The Soldiers kick-start their 20-date tour at the city centre venue.

The Soldiers are a trio of serving soldiers, which feature Caerphilly-born Lance Corporal Ryan Idzi, Sergeant Major Gary Chilton and Staff Sergeant Richie Maddocks.

All proceeds from the concert will go to Lance Corporal Ryan Idzi's own regiment, 1st The Queen's Dragoon Guards.

Through the release of The Soldiers' albums and tours,

the group have raised more than £50,000 for armed forces charities.

Firing Line is a unique museum, based at Cardiff Castle, which tells the story of the Welsh soldier and is a joint project of 1st The Queens Dragoon Guards and The Royal Welsh.

It commemorates more than 300 years of proud and distinguished military history including the Battle of Waterloo in 1815, Rorke's Drift against the Zulus in 1879 as well as recent service in Iraq and Afghanistan today.

Executive Member for Sport, Culture and Leisure, Councillor Nigel Howells, said: "Having memorabilia from The Firing Line museum really added to what was a

fantastic night.

"It's fantastic that The Soldiers kick-started their tour in Cardiff to raise money for the 1st, The Queens Dragoon Guards and St David's Hall was the perfect location for such a worthwhile event."

Ryan Idzi said: "I'd like to thank St. David's Hall for inviting us back, it's such an honour to be able to play at this venue. What made it extra special is that I was performing in front of my family and fellow soldiers from 1st Queens Dragoon Guards and the proceeds from the show will be going to the 1st The Queens Dragoon Guards Benevolent Fund, a charity close to my heart."

• For more information about the concert visit [www.stdavidshallcardiff.co.uk](http://www.stdavidshallcardiff.co.uk)

## Cardiff Council recognised in Stonewall's top 100

CARDIFF Council's commitment to being a fair and inclusive workplace has once again been recognised by Stonewall – Britain's leading Lesbian, Gay and Bisexual (LGB) equality charity.

Cardiff is the only Welsh Local Authority to be listed in the charity's 'Top 100 Employers in Britain' 2012 index.

With tougher criteria and the number of entrants to the 2012 Index up by nearly four per cent from last year – from 350 to 363 - Cardiff Council surpassed some stiff competition from a range of employers from across Britain to be ranked 56th; which also meant it came in the top ten of Welsh employers listed.

Over recent years, Cardiff Council has established a number of lesbian, gay, bisexual and transgender (LGBT) initiatives, which has helped the authority to champion its equality causes and provide additional support, advice and guidance to its employees and citizens.

This includes the Council's LGBT Employee Network, which acts as a point of support for LGBT employees amongst the authority's

16,000 strong workforce, and has recently been acknowledged by Stonewall as one of its 2012 Star Performer Network Groups – a scheme designed by the charity to showcase excellence in employee networks.

And to help combat homophobia in schools, two years ago Cardiff's Youth Services established the "Loud and Proud" Youth Provision, which has given young LGBT people a platform to raise awareness of the need for all young people to live in dignity.

Council Leader, Councillor Rodney Berman, said: "I am very pleased that the Council has once again been recognised by Stonewall. The Council operates a no tolerance policy to all kinds of discrimination, including homophobia, which is supported by a range of measures and a working ethos that we have fostered over the years to ensure that everyone feels welcome and valued.

"Along with our commitment to our workforce, the Council also plays an active role in offering the lesbian, gay and bisexual community of Cardiff support."



## Children's Services to recruit more social workers

CARDIFF Council has recruited eight new social workers to join its Children's Services Intake and Assessment service.

The decision to create these new posts has been made in response to the growing number of referrals to Children's Services which increased by 19 per cent last year, leading to a significant impact on staff.

The new social workers have already taken up their posts, with Cardiff Council also introducing other measures to ensure resources are available to meet the demands on the service.

A detailed review has been undertaken by senior management who have made changes to ease pressures, increasing the numbers of staff available to respond to referrals and work with children and their families.

The changes mean that staff are now better placed to complete work within time-

scales.

Executive Member for Health, Social Care and Wellbeing, Councillor Kirsty Davies said: "The protection of vulnerable children remains an important priority for the Council, as well as for me personally and we are absolutely committed to ensuring that the needs of the service are met.

"I am encouraged by the improvements and changes being made in the way work is being allocated and managed across the service. The appointment of additional social workers has strengthened the Intake and Assessment service and is already beginning to have positive effects.

"We are committed to not only the needs of vulnerable children, but also to supporting staff and recognising the challenges and pressures they can face when doing their jobs in ensuring that children and families receive services to meet their needs."

Photographs by Luisa Hughes



## Conservation day a great success

BUTE Park has held a conservation day to assist rangers in the maintenance of the woodland area north of the park.

It gave horticultural enthusiasts and those interested in conservation the opportunity to carry out basic conservation work in the award winning park.

More than 20 volunteers gave up their time to help with coppicing small

sycamore saplings from the Blackweir woodland area.

The process is a control measure to ensure the woodland remains a mix of different species and is not taken over by sycamore.

If left the sycamores reduce the amount of sunlight getting to the woodland floor which suppresses the growth of other tree species such as hazel and oak.

The group then used the coppiced twigs and saplings to make habitat piles which serve as great homes for animals and wildlife as well as a source of food.

Executive Member for Sport, Leisure and Culture, Councillor Nigel Howells said: "The Bute Park conservation event is a great way to give people an insight into the various conservation activities that take place at the park.

"As well as gaining valuable environmental knowledge and experience, it encourages volunteers to enjoy outdoor activity which is hugely beneficial to the park."

The annual event is hosted by the Bute Park Project Team and Community Park Ranger Service and future conservation days are planned in partnership with the newly formed Friends of Bute Park group.



We've teamed up with the City's ultimate entertainment destination, The Red Dragon Centre in Cardiff Bay, to give one lucky family the chance to win an all-inclusive day out for four!

For your chance to win ODEON cinema tickets, two games of bowling at Hollywood bowl, and a complimentary lunch at the award winning Spice Route restaurant, simply send a letter with your

address with post code and daytime contact number to:

**CapitalTimes Red Dragon competition,  
Room 422,  
County Hall,  
Cardiff  
CF10 4UW**

or e-mail [capitaltimes@cardiff.gov.uk](mailto:capitaltimes@cardiff.gov.uk).

For more info see [www.cardiff.gov.uk/capitaltimes](http://www.cardiff.gov.uk/capitaltimes)

**Competition Terms and conditions:** Family day out for four includes 2 adults & 2 children or 1 adult & 3 children. There is no cash alternative and all prizes are non-transferable.

### WIN EVERYTIME!

Visit [thereddragoncentre.co.uk](http://thereddragoncentre.co.uk) throughout January (and until 12th Feb 2012) and play our new game 'Spin the Wheel' for guaranteed discount vouchers.

The Red Dragon Centre, Hemingway Road, Leisure Village, Atlantic Wharf, Cardiff Bay, CF10 4JY



## Tributes paid to community stalwart

TRIBUTES have been paid to a tireless community servant who has died aged 90.

Joan Cooper, MBE, first came to Cardiff in 1968 when she was appointed Head of the Social Work Department at Cardiff Royal Infirmary.

An early challenge for her was to ensure that the Department would have a major presence in the new University Hospital of Wales when it opened in 1971.

She quickly built up the department and developed a reputation of being determined but with a personal charm that ensured success.

Joan was promoted to the post of Health Liaison Officer in 1974 for the new South Glamorgan Local Authority where she strove to be a bridge between Health and Social Care Services. She later went on to be a dedicated member of the Community Health

Council.

She was a member of numerous committees and organisations and was a strong advocate for carers, being a long standing committee member of the Cardiff Branch of Carers UK, tirelessly contributing to national and local health and social care consultation exercises.

Joan had been a presence on Cardiff's Older People's Forum and participated in mental health and learning disability organisations and took up the cause of armed service veterans and their carers. She was also an active member of the Cardiff Bond Board.

In 1991, Joan was awarded the MBE as chair of Crossroads Care Attendant Scheme.

Deputy Leader of Cardiff Council, Councillor Judith Woodman, said: "I was very sorry to learn of Joan's death. She was someone

who always insisted on the highest standards of professional practice and was passionate in her concern for patients and their families.

"She was a strong advocate of people from different organisations talking to each other and was also a very good chair person - always ensuring at the end of the meeting that everyone knew their action plans. She will be greatly missed."





# School chess club thriving

CHILDREN at a Cardiff primary school are continuing to impress their teachers with their commitment to playing chess.

Having travelled to London last year to meet two chess legends. Grand Master Nigel Short and former World Champion, Grand Master Gary Kasparov, pupils at St Paul's Church in Wales Primary School in Grangetown have been captivated by the game.

The children have been entering competitions with three pupils, Iestyn James, Matthew Richards and Euan Richards, recently coming joint third in the Welsh Junior Grand Prix Qualifier.

Some of the school's

younger pupils have also been performing well and on the back of this success two eight-year-olds, Blake Fisher and Kane Summerhayes-Bainbridge, were asked to go for a coaching day with the Welsh schools under 10s squad.

This led to Blake being selected to represent Wales in a tournament against players from the South West of England.

Around 70 children at the school have got involved in chess and teachers have noticed that the popularity of the game has led to a marked improvement in the behaviour and concentration of pupils.

St Paul's headteacher, Susan Jones, said: "It has been a pleasure to watch the



• St Paul's pupils Eve Farrow 10, Owen Stanley 11 and twins Matthew and Ewan Richards 10.

children from six to 11-years-old enjoying playing chess, becoming more confident in their ability, developing their

concentration skills and social skills and experiencing competitions all over South Wales. We are very proud of

our children and the way that they are representing the school at a national level."

## Panto raises more than just a laugh

IT wasn't just children from across Cardiff who declared the Christmas and New Year pantomime at the New Theatre a resounding success.

During the December and January run of Robinson Crusoe and the Caribbean Pirates, the pantomime's star Christopher Biggins urged audiences at every performance to dig deep and donate money to after-show collections organised by New Theatre staff.

One of the beneficiaries was the Small Change, Big

Difference campaign being run by Cancer Research Wales which is the nominated charity of Cardiff Lord Mayor, Councillor Delme Bowen.

A staggering £5,811 was raised at the theatre in a week, which will now help Cancer Research Wales to continue its vital and innovative work, researching the causes of all types of cancer and developing and enhancing treatment methods.

Councillor Delme Bowen visited the New Theatre to

personally thank the cast and New Theatre staff for all their efforts.

He said: "I am so grateful of the generosity of the pantomime audiences, and want to thank Christopher Biggins and the rest of the Robinson Crusoe Company for encouraging people to give to this very worthy cause. This amazing total is the perfect example of many people giving small amounts and making a huge difference.

Christopher Biggins said: "On behalf of the whole Robinson Crusoe company I would like to extend our thanks to the people of South Wales for their support. At a time when money is short it gladdens the heart that panto audiences have chosen to dig deep and help such an important charity."

• Anyone interested in taking part in the Small Change, Big Difference campaign or finding out how they may help Cancer Research Wales in other ways can do so by calling 029 2031 6976 or by visiting [www.cancerresearchwales.co.uk](http://www.cancerresearchwales.co.uk)



• The Lord Mayor and Lady Mayoress with the pantomime cast.



### Cardiff Community Safety Sergeant, James O'Donnell, offers crime prevention advice to Capital Times readers.

BURGLARY is an extremely traumatic experience and South Wales Police is committed to preventing break-ins and arresting those responsible.

Latest Home Office figures show that overall crime in Cardiff is down nine per cent but we cannot be complacent.

We can work together to make life difficult for burglars by following this advice:

- Secure all doors and windows before you leave your home.
- Keep doors and windows locked and secure, even when you are at home
- Don't leave your house in darkness. Use time switches in rooms you usually occupy or leave a light on when it goes dark
- Do not leave keys in locks.
- Register valuables on [www.immobilise.com](http://www.immobilise.com)
- When you are away cancel milk and newspaper deliveries, get a friend to

collect your post and draw your curtains to make home look lived.

- Never leave a door key in a convenient hiding place e.g. under a pot plant – burglars know these places.

A dedicated phone line and e-mail address are available for people to report information or their suspicions that anyone living near them may be involved in burglary.

Anyone with information on burglaries should call the Bag a Burglar phone line on 029 2077 4722, Crimestoppers anonymously on 0800 555 111 or e-mail [bagaburglar@south-wales.pnn.police.uk](mailto:bagaburglar@south-wales.pnn.police.uk)

If you see anyone acting suspicious around your or others properties contact us on 999.

If you are unfortunate enough to be a victim then rest assured we will do all we can to arrest the offender.



### News in brief

#### Bute Park opening hours extended for the Winter

FOLLOWING a successful three month trial, the opening hours for cyclists at Bute Park will be extended for the remainder of the winter, until March 25.

The extension will see the park open until 7pm in order to let cyclists and commuters access the west side of the city, via the Millennium Bridge.

The two entrances with extended hours are the gate at the Millennium Bridge, which links Sophia Gardens to Bute Park and the gate near the Royal Welsh College of Music and Drama. All other access gates will follow the normal closing times.

During the trial cyclists using the route are asked to have their front and rear bike lights switched on as they ride through the park to maximise visibility.

Executive Member for Sport, Leisure and Culture, Councillor Nigel Howells, said: "Many commuters have already taken advantage of the extended open hours and I'm delighted to say that we will be extending the opening hours for the remainder of the winter."

#### Lottery boost to freeze out fuel poverty

CARE & Repair Cardiff has received £215,949 grant from The Big Lottery Fund which will enable it to deliver a new service aimed at alleviating fuel poverty for older people living in Cardiff.

Fuel poverty is suffered by anyone who needs to spend 10 per cent or more of their income on energy in order to heat their home to an adequate level and is linked to the number of excessive deaths among older people that occur in the winter months.

Deputy Leader of Cardiff Council, Judith Woodman, said: "Being warm is a basic human need and tackling fuel poverty is key to the Council's wider agenda of improving health and taking care of older members of our society. This grant to Care & Repair Cardiff, who work closely with Cardiff Council, will be a great help."



# Capital Events...



Another event brought to you by Cardiff Council [www.cardiff.gov.uk](http://www.cardiff.gov.uk) or Call C2C on 2087 2087

## New Theatre

Tel: 2087 8889

Book online @ [www.newtheatrecardiff.co.uk](http://www.newtheatrecardiff.co.uk)

### Star Quality

Tuesday, February 7 - Saturday, February 11  
Evenings: 7.30pm; Thursday & Saturday matinees: 2.30pm. Noël Coward conjures up a wickedly observant satire of the backstage world of talent and treachery and a gallery of unforgettable characters.

### On Golden Pond

Tuesday, February 14 - Saturday, February 18  
Evenings: 7.30pm; Thursday & Saturday matinees: 2.30pm. Ethel and Norman Thayer return to their summer home on Golden Pond for the 48th year in this timeless and endearing love story.

### Avenue Q

Tuesday, February 21 - Saturday, February 25  
After nearly five years of mischief, bad behaviour and political incorrectness, London's funniest show by far is heading back to Wales.

### An Audience with Tim Brooke-Taylor

Tuesday, February 28, 7.30pm. Tim Brooke-Taylor has been delighting audiences with his gentle, zany humour ever since he rocketed from the Footlights into West End stardom.

### Hormonal Housewives

Wednesday, February 29 - Thursday, March 1, 8pm. Join the Hormonal Housewives as they battle against weight gain, weight loss, mood swings, PMS, men, going to the gym, waxing, stretch marks and chocolate.

### Wheels on the Bus

Saturday, March 3 - Sunday, March 4  
Saturday 1pm & 4pm; Sunday 10am, 1pm & 4pm. Climb aboard Buster the big red bus and meet all of his friends as they embark on a magical adventure!

### Birds of a Feather

Tuesday, March 6 - Saturday, March 10  
Evenings 7.30pm; Thursday & Saturday Matinees 2.30pm. One of TV's most popular and fondly remembered sitcoms comes to the stage with all three of its original leading cast members.

## St David's Hall

Tel: 2087 8444

Book online @ [www.stdavidshallcardiff.co.uk](http://www.stdavidshallcardiff.co.uk)

### Lunchtime Concert - Royal Welsh College of Music and Drama

Monday, February 6, 1pm  
RWCMD student David Doidge showcases Shostakovich's sparkling keyboard writing in this Piano Concerto written for the composer's son. Conducted by David Jones.

### City of London Sinfonia - Scott of The Antarctic Centenary Concert

Tuesday, February 7, 7.30pm  
Here the original film music is heard alongside Vaughan Williams' Symphony No 7 Antarctica,

weaving music from the film into a powerful tapestry. Conducted by Stephen Layton.

### BBC National Orchestra of Wales - Sibelian Landscapes

Friday, February 10, 7.30pm  
Sibelius's Violin Concerto will draw you into a powerful dark natural world of intense slow-burning passion (Conducted by Jac van Steen).

### Pahlawan the musical - Malaysian Students' Society of Cardiff University

Saturday, February 11, 8pm. MSSCF showcases Malaysia's diverse and colourful culture and ethnic background to audiences from a plethora of countries across the globe.

### Lunchtime Concert - Jeremy Huw Williams

Tuesday, February 14, 1pm. Welsh baritone Jeremy Huw Williams has performed in operas and recitals worldwide and regularly sings principal roles with Welsh National Opera.

### The Rat Pack is back

Tuesday, February 14, 8pm  
Frank, Sammy and Dean take you on a trip to the strip in Las Vegas to the Sands hotel where they performed all the classics.

### Little Big Club Live In Concert

Wednesday, February 15, 12.30pm & 3.30pm  
The concert brings together kid's favourite characters live on stage and has something for the whole family!

### Rumours of Fleetwood Mac

Thursday, February 16, 8pm. A stunning recreation of one of the most popular and longest running bands in rock history.

### Russian State Philharmonic Orchestra

Friday, February 17, 7.30pm  
Brahms's Violin Concerto and Tchaikovsky's Fourth Symphony is played by Natalia Lomeiko and conducted by Valery Poliansky.

### Killer Queen

Saturday, February 18, 7.30pm. Their expert musicianship and accurate portrayal of the world's greatest live band have rightfully earned Killer Queen the title of Queen tribute royalty.

### Lee Mead - The Love Tour

Sunday, February 19, 5pm. Lee Mead, Star of the West End and TV's 'Any Dream Will Do', with his band perform a collection of love songs and fabulous hits from his new album.

### Roots Unearthed - Jacqui McShee's Pentangle

Tuesday, February 21, 8pm  
The band's evolving styles and various line-ups have continued to make groundbreaking music.

### Chris Addison - The Time is now, Again.

Wednesday, February 22, 8pm. Top class stand-up from one of the classiest, toppest stand-ups around.

### Cardiff Philharmonic Orchestra-Favourite Classics

Friday, February 24, 7.30pm. Rossini's most sparkling overtures, The Thieving Magpie Dvořák's Symphony No. 8 must be one of the

most life enhancing pieces of music ever written, conducted by Michael Bell.

### An Evening with David Hasselhoff

Saturday, February 25, 8pm. Join The Hoff for an evening of music, laughter and classic TV moments from his illustrious career.

### Jethro

Sunday, February 26, 7pm  
Cornwall's Minister of Culture brings his latest laughter loaded show to Cardiff.

### Anton & Erin Let's Do It

Tuesday, February 28, 7.30pm  
Anton du Beke and Erin Boag return with a sensational new show.

### St David's Day Gala BBC NOW - BBC National Orchestra of Wales

Thursday, March 1, 7.30pm  
With an array of Welsh soloists and choirs, guaranteed to bring a joyful "hwyl" to the evening conducted by Adrian Partington.

### Music Nation Celebration Concert - BBC National Orchestra of Wales

Sunday, March 4, 3pm. This concert is part of Music Nation, a spectacular weekend of music around the UK to set the scene in the lead up to the London 2012 Festival.

### Lunchtime Concert - Huw Tregelles Williams

Tuesday, March 6, 1pm. The St David's Hall organ celebrates its 30th birthday this year; Huw played its inaugural recital and has returned many times since. In association with Cardiff Organ Events.

### The Dubliners - 50th Anniversary Tour

Wednesday, March 7, 7.30pm. 2012 is a major landmark year for The Dubliners as it marks the 50th Anniversary of the founding of the band.

### Rebecca Ferguson

Thursday, March 8, 7pm. Rebecca Ferguson embarks on a headline UK tour.

### Barnardo's Young Supporters Concert

Friday, March 9, 6.30pm. Young supporters from local schools in Cardiff and the surrounding area have come together to create another amazing evening of song in aid of Barnardo's.

## Cardiff Castle

Tel: 2087 8100

### 'Wounded' Exhibition - Museum of the Welsh Soldier

Friday, January 13 - end of April  
This exhibition looks at the treatment of soldiers on the front-line. Entrance to the exhibition forms part of Cardiff Castle admission prices.

### Half Term Fun

Saturday, February 11 - Sunday, February 19  
Follow the Family Trail, discover the Stay and Play area or take a Family Tour with a costumed guide. Normal admission applies.

## Park Events

Tel: 2068 4000

### 'Conceited, proud and vain': The 1st Marquess of Bute by Matthew Williams

Thursday, March 1, 6pm, Bute Park Education Centre. This lecture looks at the life and loves of this Georgian beau. Tickets: £7.50

### 'The maker of Modern Cardiff': The 2nd Marquess of Bute by Matthew Williams

Thursday, March 8, 6pm, Bute Park Education Centre. Bute risked one fortune but made several more in his bid to make the then undeveloped town of Cardiff 'the new Liverpool'. Tickets: £7.50.

## Libraries

Tel: 2038 2116 Web: [www.cardiff.gov.uk/libraryevents](http://www.cardiff.gov.uk/libraryevents)

### Children's activities

Cardiff Libraries provide free Rhyme Time, Story Time and Language and Play sessions for babies and toddlers.

Central Library, The Hayes, has Rhyme Time for 0-2 year olds every Wednesday and Thursday morning at 10.30am. Please book a place by telephoning 2078 0953 or emailing [childrenslibrary@cardiff.gov.uk](mailto:childrenslibrary@cardiff.gov.uk)

Story Time for 2-4 year olds in Central Library is on Tuesdays and Fridays at 10.30am.

We also have lots of activities happening across Cardiff. Contact your local branch library to find out what activities are available for young children close to your home.

Canton Library 2022 9935  
Cathays Library 2078 5580  
Ely Library 2056 2064  
Fairwater Library 2078 5583  
Grangetown Library 2023 0526  
Llandaff North Library 2061 3182  
Llanedeyrn Library 2073 1428  
Llanishen Library 2075 0634  
Llanrumney Library 2078 0994  
Penylan Library 2078 8400  
Radyr Library 2084 2234  
Rhiwbina Library 2069 3276  
Rhydyppennau Library 2075 4657  
Roath Library 2049 4538  
Rumney Library 2079 5834  
Splott Library 2046 2522  
St Mellon's Library 2078 0992  
Whitchurch Library 2062 8951

### Coffee Morning

Rhydyppennau Library. Every last Friday of the month. Fairtrade Tea and filter coffee provided. Quizzes, newspapers and crosswords available. Call 2075 4657 for details.

### Live Music

Central Library. Saturday from 1pm. A wide range of artists performing live. Call the library on 2078 0959 for details.



**Flatholm**

Tel: 2087 7900

Rich in wildlife, steeped in history, this unique island is a perfect getaway for the whole family. The new season starts on Saturday, March 3 offering day trips to explore the island. There are also opportunities to stay overnight at this beautiful location just five miles from Cardiff. Boats depart from Cardiff Bay Barrage and you can find out more about sailing times/dates by calling 029 2087 7912 or visit [www.flatholmisland.com](http://www.flatholmisland.com)

**Wales Millenium Centre**Tel: 08700 40 2000 Web: [www.wmc.org.uk](http://www.wmc.org.uk)**Welsh National Opera: La traviata**

Saturday, February 11 – Friday, March 2, 7.15pm. Verdi's deeply moving opera remains as haunting and touching as ever. Conducted by Julia Jones and directed by David McVicar.

**Welsh National Opera: Beatrice & Benedict**

Friday, February 17 – Sunday, February 26, 7.15pm & 4pm. Berlioz's final opera adapts Shakespeare's Much Ado About Nothing in this comic opera. Conducted by Michael Hofstetter and directed by Elijah Moshinsky.

**Going Dark**

Tuesday, February 21 – Wednesday, February 22, 8pm. Using immersive surround-sound, total darkness and imaginative lighting Going Dark will reawaken your wonder at the cosmos.

**Afternoon Concert with Thomas Dausgaard**

Wednesday, February 22, 2pm  
Hear the gentle folk poetry and sharp fleeting raptures of Mahler's Rückert Lieder and the one of the most powerful and stark of Sibelius's works: the mighty Fourth Symphony.

**Welsh National Opera: The Marriage of Figaro**

Saturday, February 25 – Saturday March 3, 7pm  
This is a ravishingly beautiful opera, both deeply affecting and funny conducted by Anthony Negus and directed by Lluís Pasqual.

**Spaghetti Western Orchestra**

Sunday, March 4, 7pm. Five brilliant comic maestros perform classic Ennio Morricone soundtracks from the iconic Clint Eastwood movies.

**John Peel's Shed**

Monday, March 5, 8pm  
This show is a unique opportunity to experience some of the obscure and inspired record choices of the man himself.

**Lord of the Dance**

Tuesday, March 6 – Sunday, March 11, 2.30pm & 8pm. Created by Michael Flatley, Lord of the Dance has captivated audiences around the world.

**Millennium Stadium**Tel: 087005582582  
[www.millenniumstadium.com](http://www.millenniumstadium.com)**RBS Six Nations: Wales v Scotland**

Sunday, February 12. Kick-off 3pm.

**The Norwegian Church**

Tel: 2029 7959

**Zumba Dance Classes**

Every Monday starting from January 9, 5.30pm – 6.30pm.

Dance arts, martial arts and healing arts -  
Classes with Nia  
Every Monday, 12.30pm – 1.30pm.

**Street Dance Classes**

Weekly "Pay As You Go" classes every Tuesday starting from January 10, 5.30pm - 6.30pm. (Adults 16+).

**Swing Dance**

Every Tuesday, 8pm -10pm.

**Welsh lessons**

Every Wednesday, 6.30pm – 8.30pm.

**Yoga classes**

Every Thursday starting from January 12, 6.30pm – 8pm.

**Bill Wheelers Watercolour Workshop**

Various dates, 9.30am - 4.30pm. For details on dates, visit [www.norwegianchurchcardiff.com](http://www.norwegianchurchcardiff.com) or call 2087 7959.

**Tair**

Thursday, February 9, 7pm – 10.30pm. Three of the finest traditional singers and musicians from across the Celtic world. Price: £7.50.

**Arnold Lowrey - Exhibition**

Monday, February 13 – Sunday, February 19, 9am – 6pm. Arnold is known internationally and appears on Sky TV on the painting and drawing channel. Free.

**Kirsty McGee**

Friday, February 17, 7pm. Kirsty McGee brings her honest, delicate, and literate songwriting back out on the road. Price: £8 / £6 (advance).

**Phil Beer in Concert**

Friday, February 24, 7pm – 11pm. Traditional tunes mixed with covers of Springsteen, The Hollies as well as his own compositions and songs from his contemporaries. Price: £10.

**Keith James Concert**

Saturday, March 3, 7.30pm  
The Great Canadian Songbook. Price: £14.

**City and Bay Events**

Email: [events@cardiff.gov.uk](mailto:events@cardiff.gov.uk)  
Email: [Eventsmarketing@cardiff.gov.uk](mailto:Eventsmarketing@cardiff.gov.uk)  
[www.cardiff.gov.uk](http://www.cardiff.gov.uk)  
[www.cardiff-festival.com](http://www.cardiff-festival.com)  
2087 2087/8 (cym). All events subject to confirmation. Information on the L8 (late) night bus service is available from: 0870 608 2608 and [www.cardiffbus.com](http://www.cardiffbus.com)

**Community Event**

Every Saturday, 9.30am – 1pm. Roath Art & Craft Bazaar in conjunction with the local Farmers' Market at Mackintosh Sports & Social Club, 38 Keppoch Street, Roath. Free entry.

**Rhiwbina Floral Society**

If you would like to try your hand at flower arranging and make new friends with the same interests come and join us. We meet at Rhiwbina Memorial Hall, Lon Ucha, CF14 6HL. Every first and third Tuesday of the month. Look us up on [www.rhiwbinafloralsociety.org.uk](http://www.rhiwbinafloralsociety.org.uk)

**Cardiff Philatelic Society**

If you collect or are interested in stamps, postcards or postal history why not come along and meet some like minded people. We meet Tuesday evenings 7.30pm at Llanishen Baptist Church, Fidas Road, Llanishen, CF14 5LZ. For further information, visit [www.cardiffphilatelicsociety.org.uk](http://www.cardiffphilatelicsociety.org.uk)

**The Gate Arts and Community Centre**

For performance information please visit [www.thegate.org.uk](http://www.thegate.org.uk) or call 2048 3344.

**Sherman Cymru**[www.shermancymru.co.uk](http://www.shermancymru.co.uk)**Cardiff International White Water**

Experience the thrill of white water this February half-term with Family Rafting from £25. Contact 2082 9970 or visit [www.ciww.com](http://www.ciww.com)

**David Jones in Focus Exhibition - National Museum Cardiff**

Friday, November 5 – Sunday, March 4  
A selection of work from our outstanding collection of works by the artist.

**Performers Exhibition - National Museum Cardiff**

Opens Tuesday, December 6  
Portraits of Welsh actors and musicians.

**Captain Scott: South for Science Exhibition - National Museum Cardiff**

Saturday, January 14 – Sunday, May 13  
Captain Scott's expedition to the South Pole a hundred years ago explored this last great frontier, and brought back new knowledge of the continent's rocks, weather and wildlife.

**The Queen: Art and Image Exhibition - National Museum Cardiff**

Saturday, February 4 – Sunday, April 29  
To mark The Queen's Diamond Jubilee, an in-depth exploration of the most striking and resonant images of Elizabeth II, organised by the National Portrait Gallery London.

**John Piper: The Mountains of Wales Exhibition - National Museum Cardiff**

Saturday, February 11 – Sunday, May 13  
John Piper's dramatic depictions of the mountains of north Wales provide the subject of this exhibition.

**Making History 1500-1700 Exhibition - St Fagans: National History Museum**

Until Sunday, March 4, 10am - 5pm. An exciting exhibition about Wales 1500-1700: the time of the Tudors and Stuarts, the Act of Union, the first Welsh Bible and the British Civil Wars.

**Archaeopteryx Exhibition - National Museum Cardiff**

Until March. It's 150 years since the discovery of Archaeopteryx, the famous feathered fossil known as the 'missing-link' between dinosaurs and birds.

**Fireside Stories - St Fagans: National History Museum**

Sunday, February 5, 11am - 3pm. Take part in National Storytelling Week by joining us by the fireside at Abernodwydd farmhouse

**Natural Science Lunchtime Talk- National Museum Cardiff**

Wednesday, February 8, 1.05pm. An introduction to Captain Scott: South for Science.

**Dinosaurs in your Garden - National Museum Cardiff**

Saturday, February 11 – Sunday, February 19, 11.30am, 12.30pm & 3.30pm (closed Monday). Discover that the birds in your garden are actually dinosaurs with feathers, related to Velociraptor and T.Rex.

**Making Faces - National Museum Cardiff**

Saturday, February 11 – Sunday, February 19, 11am, 1pm & 3pm (closed Mondays). Create your own portrait of The Queen. Suitable for age 4+.

**Heart Cart - St Fagans: National History Museum**

Saturday, February 11 – Tuesday, February 14, 11am-1pm & 2pm-4pm  
Come and make a beautiful Valentine's card.

**Origins Lunchtime Talk - National Museum Cardiff**

Wednesday, February 15, 1.05pm  
The skeletons from Llanbedrgoch. Anglesey: a scientific approach to reinterpreting the past.

**Art Cart - St Fagans: National History Museum**

Wednesday, February 15 – Monday, February 19, 11am-1pm & 2pm-4pm. Join this fun family session of arts and crafts in Oriel 1.

**Flip out at St Fagans! - St Fagans: National History Museum**

Saturday, February 18 & Sunday, February 19, 11am-1pm & 2pm- 4pm. Learn how to make delicious pancakes ahead of Shrove Tuesday.

**Taith Iaith - National Museum Cardiff**

Thursday, February 23, 1pm. Welsh-language guided tour of the natural history galleries.

**Spring Foods - St Fagans: National History Museum**

Saturday, February 25, 11am-1pm (Welsh) & 2pm-4pm (English). Find out what's sprouting at St Fagans and how Iron Age ancestors used them to create tasty treats.

**Schubert - A Genius for the 21st Century - National Museum of Wales**

Saturday, February 25, 10.30am  
A lecture and piano recital by Philip Lange in the Reardon Smith Lecture Theatre. Admission £10 / £8.00 in advance (Telephone 029 2022 4636).

**St David's Day Celebration Concert - National Museum Cardiff**

Thursday, March 1, 1.15pm. Brass and Vocal departments from the Royal College of Music & Drama.

**St David's Day Celebration Talk- National Museum Cardiff**

Thursday, March 1, 2.15pm. An illustrated talk by Mark Baker, PhD Archaeology, School of Archaeology, History and Religious Studies, Cardiff University.

**St David's Day - St Fagans: National History Museum**

Thursday, March 1, 10am - 5pm  
Listen to the beautiful sounds of the harp, warm up with a bowl of traditional Welsh cawl and a receive a complimentary Welsh cake.

**Tŷ Gwyrdd Open Day - St Fagans: National History Museum**

Saturday March 3 & Sunday, March 4, 11am-1pm & 2pm-4pm. Call into this unique eco friendly home and pick up a few handy hints.

**Behind the Scenes: Biodiversity - National Museum Cardiff**

Tuesday, March 6, 1.05pm  
Find out more about our research and how we look after and document the thousands of insects, molluscs, plants, vertebrates and marine life in our care.



# Your ward surgeries

## ADAMSDOWN

John Dixon and Nigel Howells. 1st & 3rd Saturday of every month 11am to 12 noon at Roath Library, Newport Road.  
Contact Tel: 029 2046 5233

## BUTETOWN

Delme Greening. 1st Saturday of every month, 11am to 12 noon at Butetown Community Centre, Loudoun Square. 3rd Saturday of every month, 11am to 12 noon at County Hall, Atlantic Wharf.

## CAERAU

Roger Burley and Jacqui Gasson. Details of surgeries can be obtained directly from Councillor Gasson on 029 2056 1404 or email jagasson@cardiff.gov.uk

## CANTON

Richard Cook, Cerys Furlong and Ramesh Patel. Every Saturday 10am to 11am at Canton Library, Library Street.

## CATHAYS

Jon Aylwin, Elizabeth Clark, Simon Pickard and Simon Wakefield. Every Saturday 11am to 12 noon at Cathays Library, Crwys Road.

## CREIGIAU & ST FAGANS

Delme Bowen. Contact Councillor Bowen 029 2089 2069 or 07740866434.

## CYNCOED

Margaret Jones, Kate Lloyd and David

Rees. Tuesday, February 21 and Tuesday February 21, 10am to 11am at Lakeside Deli.

## ELY

Brian Finn, Susan Goddard and Russell Goodway. Saturday February 4 and 18; Saturday March 3 and 17, 10am at Ely Day Centre.

## FAIRWATER

Lisa Ford, Neil McEvoy and Keith Parry. Every Saturday 11am to 12noon at Fairwater Library. Every Wednesday 12noon to 1pm at Pentreban Community Centre.

## GABALFA

Ed Bridges and Cathy Pearcy. 2nd Friday of every month 5.30pm to 6.30pm at St Marks Church, North Road.

## GRANGETOWN

Ashgar Ali, Francesca Montemaggi and David Morgan. Every Monday 6pm to 7pm at Grangetown Library, Havelock Place.

## HEATH

Fenella Bowden. 1st Saturday of the month 10am - 11am at Birchgrove School; and 2nd Thursday of the month 6.30pm to 7.30pm at Ton Yr Ywen School and as advertised within the Ward. Contact Tel: 029 2069 2435. Lyn Hudson and Ron Page. 1st Thursday of every month 5.30pm to 6.30pm at Maesycloed Community Centre.

## LISVANE

David Walker. Saturday, March 24, 10.30am to 11.30am at The Old School Cabin, Heol Y Delyn, Lisvane.

## LLANDAFF

Gareth Aubrey and Kirsty Davies. 2nd Saturday of every month 12.30pm to 1.30pm, at Llandaff Parish Hall. 4th Saturday of every month, 12noon to 1pm at St Johns Hall, Danescourt.

## LLANDAFF NORTH

Jacqui Hooper and Ann Rowland-James. 1st Saturday of each month, 10.30am to 11.30am at Llandaff North Library. 3rd Thursday of each month, 9.30am to 10.30am at Gabalfa Education Centre, Colwill Road.

NEW additional Surgeries; 2nd & 4th Tuesdays of each month, in term time only. 10am to 11am at Llandaff North Community Centre, Hawthorn Road East.

## LLANISHEN

Jon Burns, Richard Foley, Craig Piper and Bob Smith. Councillor Foley. First Saturday of each month, 10.30am to 11.30am at Llanishen Leisure Centre.

## LLANRUMNEY

Heather Joyce, Derrick Morgan and

Jacqueline Parry. 1st Saturday of every month and every Tuesday 9.30am at Llanrumney Library, Countisbury Avenue.

## PENTWYN

Joseph Carter, Paul Chaundy, Keith Hyde and Judith Woodman. Alternate Fridays during school term times only, 11.30am to 12.30pm at The Powerhouse, Llanedeyrn (029 2054 9650) or The Dome, Pentwyn, (029 2054 9033). 1st Saturday of each month, 10.30am to 11.30am at Pentwyn Leisure Centre.

## PENTYRCH

Craig Williams. Contact Members Services on 029 2087 2020.

## PENYLAN

Patricia Burfoot, Bill Kelloway and Freda Salway. Friday February 24 and Friday March 23, 6pm at Marlborough Primary School, The Foyer, Agincourt Road.

## PLASNEWYDD

Rodney Berman, Richard Jerrett, Elgan Morgan and Mark Stephens. Every Saturday, 11am to 12noon at Community Room 2, Penylan Library, Nirian Road. No appointment is necessary.

## PONTRENNAU & OLD ST MELLONS

Dianne Rees and Jane Rogers. First Saturday of every month 9.30am to 10.30am at Caer Salem Baptist Chapel, Tyr Winch Road.

First Monday of every month (except for Bank Holidays), 6pm to 7pm, at Pontprennau Community Centre, Heol Pontprennau.

## RADYR & MORGANSTOWN

Roderick Mckerlich. Saturday, February 11 and Saturday, March 31, 10.30am to 12noon Garth Room, Old Church Rooms, Park Road, Radyr. Contact Councillor Mckerlich on 029 2084 3106 Email rmckerlich@cardiff.gov.uk

## RHIWBINA

Jayne Cowan, Brian Jones and Adrian Robson. Tuesday, February 21, 4.45pm to 6.15pm at All Saints Church, Rhiwbina. Saturday, March 3, 10am to 12noon at Bethany Baptist Church Hall, Heol Uchaf. Contact tel: 029 2062 7757.

## RIVERSIDE

Mohammed Sarul Islam and Jaswant Singh. A street surgery is held every Saturday please contact Councillor Islam on 07976 358696 or Councillor Singh on 07974098416 for further details.

## COUNCILLOR IONA GORDON

Every Saturday, 10am to 11am at Canton Library (opposite Iceland), Cowbridge Road East, CF5 1QD. On bus routes 17 and 18.

## RUMNEY

Duncan MacDonald and John Ireland. 1st Saturday of every month, 10.30am

to 12noon, at the Community Centre, Llanstephen Road.

## SPLOTT

Gavin Cox. Tuesday, February 7 and Tuesday, March 6, 6pm to 7pm at the Meeting Room, Splott Swimming Pool, Muirton Road, Tremorfa. Tuesday, February 21 and Tuesday, March 20, 2pm to 3pm, at Splott Library, STAR Centre, Splott, Road, Splott. Contact Tel: 029 2063 5912.

Clarissa and Martin Holland. Every Wednesday, 6pm to 7pm at STAR Leisure Centre, Splott Road. Every Thursday, 9am to 11am at Community Hall Tweedsmuir Road.

## TROWBRIDGE

Ralph Cook and Monica Walsh. 1st Saturday of each month, 10am at St Mellons Library, Crickhowell Road. Geraldine Grant. Tuesday, February 7 and Tuesday, March 6, 6pm to 7pm at Trowbridge Community Centre, Caernarvon Way. Saturday, January 21, 11am to 12noon at Beacon Centre, Harrison Drive.

## WHITCHURCH & TONGWYNLAIS

Tim Davies, Linda Morgan, Brian Griffiths and Michael Jones-Pritchard. Whitchurch – Last Monday of the month (except August & December) 6.15pm to 7.15pm, at Whitchurch Community Centre. Tongwynlais - 2nd Monday of every month, 6.30pm to 7.30pm at Tongwynlais Village

Councillors are also available by phone. Call Member Services on 2087 2020 or visit [www.cardiff.gov.uk/councillors](http://www.cardiff.gov.uk/councillors) for details. Surgeries are not held on Bank Holidays.

## PRIMARY SCHOOLS MENU 06 FEBRUARY - 02 MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>06 FEBRUARY</b> Meatballs in Gravy Vegi Balls in Gravy V Creamed Potatoes Garden Peas Carrots Homemade Apple and Mango Cumble with Custard A range of desserts to include Fresh fruit or Muller Yoghurts	<b>07 FEBRUARY</b> Homemade Pasta Bolognese Homemade Pasta Napolitan V Garlic Bread Jacket Potato filled with Cheese or Baked Beans Green Beans Strawberry Delight A range of desserts to include Fresh fruit or Muller Yoghurts	<b>08 FEBRUARY</b> Homemade Chicken Korma Homemade Vegetable Korma V Oven Baked Crispy Golden Fish Rice Creamed Potatoes Garden Peas Tomato Sauce Homemade Lemon Drizzle Sponge A range of desserts to include Fresh fruit or Muller Yoghurts	<b>09 FEBRUARY</b> Roast Beef Yorkshire Pudding and Gravy Pork Sausage Vegetable Sausage V Roast/New Potatoes Broccoli Sweetcorn Muller Fruit Yogurt A range of desserts to include Fresh fruit or Muller Yoghurts	<b>10 FEBRUARY</b> Oven Baked Fish Fingers Homemade Golden Cheese Wheel V Cajun Potatoes New Potatoes Garden Peas Coleslaw Fruit Sponge with Custard A range of desserts to include Fresh fruit or Muller Yoghurts
<b>20 FEBRUARY</b> Scrambled Egg and Sausage V Cream of Tomato Soup with Cheese Pettit Pain Sauté Potatoes Baked Beans Homemade Steamed Fruit Pudding with Custard A range of desserts to include Fresh fruit or Muller Yoghurts	<b>21 FEBRUARY</b> Homemade Pepperoni Pasta Bake Homemade Vegetarian Pasta Bake V Jacket Potato filled with Tuna or Cheese Sweetcorn Homemade Rice Pudding A range of desserts to include Fresh fruit or Muller Yoghurts	<b>22 FEBRUARY</b> Homemade Chicken Tikka Homemade Vegetable Tikka V Oven Baked Fish Finger Whisp Potato Wedges Mixed Vegetables Coleslaw Homemade Cornflake Crisp A range of desserts to include Fresh fruit or Muller Yoghurts	<b>23 FEBRUARY</b> Roast Turkey Sage and Onion Stuffing and Gravy Cheese Vegetable Pastry V Roast/New Potatoes Cabbage Carrots Arctic roll with Fruit A range of desserts to include Fresh fruit or Muller Yoghurts	<b>24 FEBRUARY</b> Oven Baked Crispy Golden Fish Cheese Egg and Potato Bake V Creamed Potatoes Garden Peas Baked Beans Apple and Strawberry Tart with Custard A range of desserts to include Fresh fruit or Muller Yoghurts
<b>27 FEBRUARY</b> Homemade Margherita Assorted Pizza V Jacket Potato filled with Tuna or Baked Beans Herby Diced Potatoes Baked Beans Homemade Rice Pudding A range of desserts to include Fresh fruit or Muller Yoghurts	<b>28 FEBRUARY</b> Pork Sausage with Gravy Vegetable Sausage V Creamed Potatoes Garden Peas Swede Homemade Chocolate Brownie with Chocolate Custard A range of desserts to include Fresh fruit or Muller Yoghurts	<b>29 FEBRUARY</b> Homemade Creamy or Tomato Chicken Pasta Homemade Pasta Napolitan V Broccoli Sweetcorn Homemade Chocolate Crunch Cookie with Apple Wedges A range of desserts to include Fresh fruit or Muller Yoghurts	<b>01 MARCH</b> <b>ST. DAVID'S DAY MENU</b>	<b>02 MARCH</b> Alaskan Salmon Bake Country Vegetable Bake V Chipped Potatoes Coleslaw Homemade Eves Pudding with Custard A range of desserts to include Fresh fruit or Muller Yoghurts

Fresh salad, extra bread and an extra piece of fruit are offered daily.  
V This is a vegetarian product or a vegetarian version is available. Please note that different term dates may apply. This menu represents our full range of meals, your school may have requested a smaller selection.

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SUSTAINABLE  
SEAFOOD  
MSC  
www.msc.org



Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery



Half term 13-17 February 2012

HELP US  
CELEBRATE...



ST DAVID'S  
DAY

[www.cardiff.gov.uk/schoolcatering](http://www.cardiff.gov.uk/schoolcatering)